

ELEMENT ROAD SERIES: GIDGEGANNUP RIDER GUIDE



RACE
THE ELEMENT



FONDO
THE ELEMENT

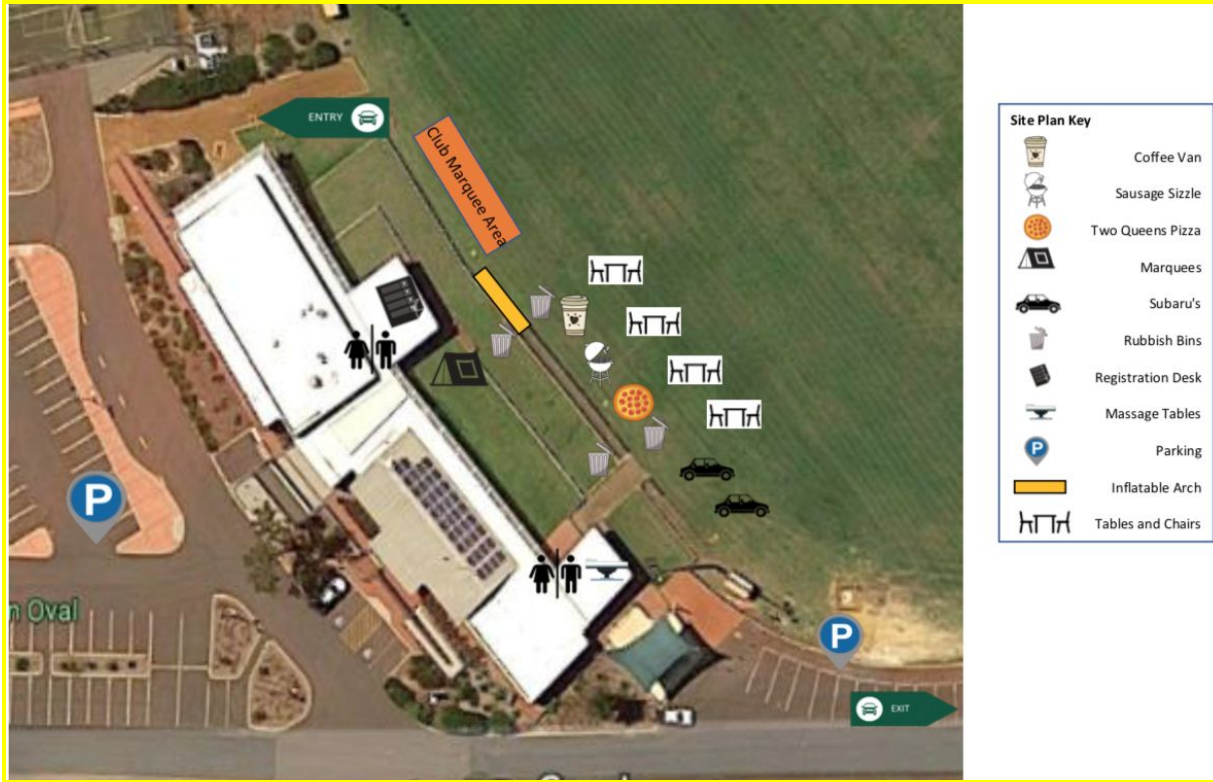
EVENT DETAILS	
Date:	Sunday 28 July
Event Village and Registration Location:	Percy Cullen Oval, Gidgegannup
Registrations Open:	From 6:00am
Rider Briefing:	A + B Distances - 7:00am
Departure from Percy Cullen Oval to start line (following escort):	7:15am
Rider Distances:	A Distance – 80km (2 laps) B Distance – 40km (1 lap)
Ride Start Time:	7:30AM

GENERAL INFORMATION

Gidgegannup is approximately 40km from Perth CBD. Allow at least an hour to travel, park and register at Percy Cullen Oval.

EVENT VILLAGE

The Event Village is located at Percy Cullen Oval at 1990 Toodyay Road. Heading towards Gidgegannup from the City, it is a right turn on to the Percy Cullen Oval Access Road as per the site map below. There is free parking available at the Percy Cullen Oval.



TEAM MARQUEES

Team marquees are welcomed at the Event Village on Percy Cullen Oval. Please check in with event staff so they can show you an appropriate location to set up.

RIDER CHECK-IN

Rider check-in will open at 6:00am. Riders will need to visit the Registration Desk at Percy Cullen Oval to collect bib numbers, transponders and sign in. All participants must present photo identification (eg. drivers licence) upon sign in.

TRANSPONDERS AND TIMING

Each rider will receive one transponder (unless you have registered your own transponder) and a bib number. The transponder is to be placed on the front **left** fork of your bike and numbers are to be pinned to the back of your jersey.

Photo ID will be held at the Registration Desk until after the race when you return your transponder. Damaged or lost transponders will incur a \$50 fee which will be invoiced to you after the event.

Official timing will conclude at 11:45am, please note if you cross the line after this your time will not be officially recorded. You are responsible for counting the number of completed laps. Commissaries are not provided for this event.

BIB NUMBERS

Each rider will receive a bib number to keep, please collect these from the Registration Desk on arrival. Each round you will receive a new number to use.

RIDER BRIEFING

The essential rider briefing will be held at 7:00am for both A + B distances on the Percy Cullen Oval. You will receive important and up-to-date information about the course and other details to keep you safe throughout the ride.

RIDE ASSEMBLY AREA AND START LINE

Following the rider briefing, riders will be escorted by our support cars from Percy Cullen Oval to the remote start line which is located near 57 Reserve Road, just up from Toodyay Road. There will be on road signage but please follow the instructions of officials.

A Distance riders will leave first in 30-second waves followed by the B distance riders. Do not cross the start line before instructed by the event director as this will interfere with your event time.

HAZARD AREAS

Please note that roads are NOT CLOSED during the event. Riders must be cautious turning on to and riding on Toodyay Road as the speed limit on this road for cars is 100km. Traffic Management and signage will be on site here to manage traffic and there will be speed reductions in place on Toodyay Road between O'Brien and Reserve Road. Please also note that in the early hours of the morning the sun can be very bright riding on Toodyay Road heading towards Reserve Road.

There are several blind corners at the top of Berry/O'Brien Road, please ensure you stick to the left at all times.

The bridge on O'Brien Road crossing over Wooroloo Brook is single lane, caution must be taken when crossing - event marshalls will also be positioned at this location.

HYDRATION STATION

Water will be available near the start line, located next to the gantry on Reserve Road.

BROOM WAGON

There will be a broom vehicle available to any riders who require assistance. Please call Event Control on 0418 912 221 to request the aid of the broom wagon.

SUPPORT VEHICLES

Private support vehicles are not permitted as they cause unnecessary traffic congestion and inhibit the ability of registered support vehicles to efficiently navigate the route. Unofficial support vehicles may be fined at the discretion of the Event Director.

MECHANICAL

Eddy Hollands Mobile Mechanic will be joining us for the event and will be located on the Percy Cullen Oval. He will be providing riders with professional pre and post ride mechanical support.

FIRST AID

A St Johns Ambulance will be stationed on Reserve Road next to the start/finish line. Should you require medical assistance speak with a marshal or contact Event Control 0418 912 221. Dial 000 in a life threatening emergency only.

KOM/QOM SUPER SEGMENTS

The 2019 Element Road Series visits three locations unique to WA, with each course as challenging as it is picturesque. Brand new for 2019, each location will feature a Super Segment where Fondo Riders can claim glory in their chosen category. Each of the segments have been chosen to showcase a leg busting climb or a point of difference for that particular location.

There are some awesome prizes up for grabs at each of the three rounds of the Series as well as an overall Super Segment competition for both categories.

The Super Segments for each location are:

- Gidgegannup - The Birds Nest King & Queen of the Mountain
- York - Mount Brown King & Queen of the Mountain
- Lancelin - The Gravel Grind

Thanks to Liquor Baron, a Moet Magnum is up for grabs for the fastest male and female rider. The [Gidgegannup Birds Nest KOM/QOM Super Segment](#) starts at Wooroloo Bridge for 5km. You will need to have a Garmin or similar bike computer to record your time in Strava to be eligible. Prizes will be awarded after racing is finished at the Event Village.

SUPER SEGMENT CHAMPIONSHIP POINTS SYSTEM

	FONDO	RACE
FASTEST	5 points	5 points
SECOND FASTEST	3 points	3 points
THIRD FASTEST	1 point	1 point

At the completion of the 2019 Element Road Series the men and women with the most points in the Fondo categories will each take home an awesome Cycliq Fly 6 CE worth \$269.

RIDER ETIQUETTE

In order to maintain a safe and enjoyable event for all riders, participants should be mindful of rider etiquette prior, during and after the event.

- All participants should obey the road rules and follow instructions from event officials and traffic controllers
- All riders are to keep to the left hand side of the road and only ride two abreast
- Please always be courteous to other riders, teams, officials and other road users.
- If you pull out of the ride, please ensure you notify one of the marshalls or event staff.



THE FINISH

The finish line will be at the same location as the starting point at 57 Reserve Road. There will be a marked turning point approximately 150m past the Finish line - please be respectful of other riders finishing the event and take care returning to the Event Village via Toodyay Road. Spectators are encouraged to line the finish area and cheer riders across the line but please be respectful of the local residents in the area.

RESULTS

Results will be available on the My Laps website straight after the event and on the Element website the day after the event www.element.asn.au.

AFTER THE RIDE

After the ride please return to Percy Cullen Oval for the spot prize and KOM/QOM presentations, a bite to eat or a free massage by one of the wonderful massage students that will be on site from The Australian Institute of Fitness.

FOOD AND DRINKS

Please bring your own water bottle and enough water for your ride. There will be additional water available at the Event Village and Hydration Station. A sausage sizzle, food truck, coffee and cold drinks will be available for purchase at the Event Village. Proceeds from the sausage

sizzle will go towards the Junior Road State Team upcoming training camps and their trip to the Gold Coast National Championships, so please support our junior riders.

TOILETS

Toilets are available on the oval side of the Percy Cullen Recreation Centre. There will also be a toilet located at the start/finish line but we encourage you to use the toilets at the Recreation Centre before and after your ride.

PHOTOS

Paparazzi on the Run is the official event photographer. Pictures will be uploaded to an album on The Element Road Series Facebook page post-event. We highly encourage you to upload your photos and videos to social media with the hashtag #ersgidgegannup so we can like and share your photos and videos.

SUPPORTERS

The Element Road Series is proudly supported by Subaru Wangara, Pedal Mafia, SiS Nutrition, Cycliq, Nove and Liquor Barons.

VOLUNTEERS

A big thank you to the hard working volunteers for their support and who make this event possible. We are always on the lookout for extra hands to assist at our events, please add your details here to register your interest at another Element Road Series event:

<https://forms.gle/amdwRthUdMsLYct3A>

MEMBERSHIP

WestCycle has a range of memberships available to suits your needs and to ensure you are covered when you need it. Whether you are looking for peace of mind wherever and whenever you ride, racing insurance or would like to make a difference to the WA cycling community by becoming a supporter of WestCycle, check out the great range of Memberships options here:

<https://westcycle.org.au/membership/>

EMERGENCY CONTACT NUMBER

Event Control – 0418 912 221

Dial '000' in a life threatening emergency only

EVENT DAY CHECK LIST FOR RIDERS

- Read over the Rider Guide
- Watch the course preview
- Know the Event Schedule
- Arrive at the event minimum 45 minutes before
- Let your coach/ club know you have arrived
- Sign in on arrival and collect race number and transponder
- U13/15/17 present for roll out with your bike and helmet
- Warm up in the designated warm up area
- Listen to race announcements
- Be ready to start at least 10 minutes before race start time
- Be at the start/finish line 5 minutes before race start time for the pre race briefing

WHAT TO BRING

- Bike
- Spare tubes
- Pump
- Shoes
- Helmet (Australian Standard)
- Gloves
- Glasses
- Food
- Plenty of Water
- Tools
- Socks
- Sunglasses
- Spare wheels
- Hat + change of clothes for post racing

Element Series – Gidgegannup Site Overview – Gran Fondo

